Last name: **Christidi**

Name: **Styliani**

Date of Birth: 10-05-72

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**EDUCATION:**

**October 1999 Doctor of medicine, Faculty of Medicine and Surgery of the University of Bari, Italy**

**March 2006 Master's degree on Alcohol-related pathologies and problems, Faculty of Medicine and Surgery of the University of Florence, Italy**

**May 2009 Medical specialty in Psychiatry**

Christidi Stella is a psychiatrist with a Master’s degree from the Medical School of the University of Florence in “**Alcohol-related pathologies and problems**”.

She has been trained in Systemic Psychotherapy and in the Social and Ecological Approach to Alcohol related and Mixed Problems (Hudolin method). Her voluntary activities in addiction field include dealing with family problems of alcohol addicts, she is a foundation member and was a president (2011-2014) of the NPO Hellenic Association Club of Families with Alcohol Problems.

She has worked as a psychiatrist in the General Hospital of Nikaia and since February 2011 she is working in the Drug Dependence Unit of the Psychiatric Hospital of Attica (18 Ano) and since 2019 is the head of this department. She has been supervising scientifically both the Department of Problematic Internet Use (PIU) and the Specialized Program for Drug-Dependent Women of 18 Ano, since January 2013 and August 2014, respectively.

She is experienced in the diagnosis and treatment of Internet Addiction (IA) and is in charge for therapeutic team-coordination and management of clinically addicted adults.

She participates with oral presentations in medical conferences, workshops for community information and educational seminars, organized by the Drug Dependence Unit and the PIU department, provided for health professionals interested in drug and behavioral addiction. In collaboration with the therapeutic team members of PIU department, she is particularly active in primary prevention of IA, via organization of intervention in schools, parents groups and special population groups, while she is author of various articles in journals and online, regarding IA.

More specifically:

1. Scientific head of the Department of Problematic Internet Use and Gambling of the Drug Dependence Unit of the Psychiatric Hospital of Attica (18 Ano), since 2013 and psychiatrist of this department. The department has a database of 300 patients with gaming disorder and at least 600 patients with gambling disorder.
2. Group therapist working with parents of young adults with gaming disorder since 2017
3. Participation as a speaker in 44 scientific conferences and meetings on the subject of internet addiction and gambling
4. Organizes and directs an educational seminar on, The Internet today: Addiction, Risks and Prospects.
5. Every year she participates as an invited speaker in the curriculum of the Department of Psychology of the University of Athens and the Department of Public and Community Health of the University of West Attica on the subject of internet addiction.
6. She participates as a teacher in three different postgraduate programs (MSc) of the University of Athens and the University of Patras, where she teaches the subject of internet addiction, while the academic year 2022-2023 she taught at the MSc in Cyberpsychology of the Department of Psychology of the Faculty of Philosophy of the University of Athens with topics related to internet addiction and gambling.
7. Prevention interventions for parents of secondary school students on the topic of internet addiction
8. Participation in 3 bibliographic references:
* Taylor Brown, Vasileios Stavropoulos, Stella Christidi, Yvoni Papastefanou, Katerina Matsa (2021). Problematic internet use: The effect of comorbid psychopathology on treatment outcomes. Psychiatry Res 2021, Apr;298:113789. doi: 10.1016/j.psychres.2021.113789. Epub 2021 Feb 9
* 1.Throuvala, M. A., Christidi, S., Papastefanou, Y., Chourmouzoglou, M., Ferentinou, M., Destounis, G., Poulakida, A., Griffiths, M. D., Rennoldson, M. A., & Kuss, D. J. (2018). Treatment of problematic internet use and patient characteristics: The case of Problematic Internet Use Unit 18 Ano in Greece. Journal of Behavioral Addictions, 7(S1), 1–177. https://doi.org/10.1556/JBA.7.2018.Suppl.1
* 2.Throuvala, M. A., Chourmouzoglou, M., Christidi, S., Papastefanou, Y., Ferentinou, M., Destounis, G., Poulakida, A., Griffiths, M. D., Rennoldson, M., & Kuss, D. J. (2018). Clinical case study presentation on overcoming gaming addiction: When a quick fix is not enough. Journal of Behavioral Addictions, 7(S1), 1–177. https://doi.org/10.1556/JBA.7.2018.Suppl.1