



KONSTANTINOS PASCHOS

PE TEACHER 📍 ATHENS, GREECE ☎ 0030 697 30 18 331

◦ DETAILS ◦

Porto Rafti, Attiki
Athens
Greece
0030 697 30 18 331
kostas_pxs@yahoo.gr

Date of birth
25.06.1983

Nationality
Greek

◦ SKILLS ◦

Ability to Work in a Team

Creativity

Communication Skills

Patient

Flexibility and Adaptability

◦ LANGUAGES ◦

English

Spanish; Castilian

Italian

◦ HOBBIES ◦

Travelling
Motorcycles
Amateur Theater Actor

👤 PROFILE

Dedicated and experienced physical education teacher with passion for educating today's youth and helping to support them grow physically, mentally and emotionally.

Highly adaptable professional with a commitment to all aspects of students learning with the ability to serve students with different learning styles.

Demonstrated skills in behavior management and experience documenting student progress and work files.

📁 EMPLOYMENT HISTORY

Director of Sport and Recreation Activities for children and young adults with disabilities at Association of Adapted Sports & Recreation Activities, "Kinitiko Ergastiri", Ilioupoli, Athens

September 2011 — March 2022

Communicated with students' families members and colleagues to develop best suited sport experiences both inside and outside swimming pool to effectively meet their individual needs.

Developed key projects funded by EU Erasmus+ action to promote Fair Play-Fair Life concept and sport for all philosophy. Delegation leader of young athletes abroad.

Organized several indoor and outdoor activities to promote active way of living, environmental respect and sport tourism

Adapted Physical Education Teacher at Special Education Setting/non profit foundation: "Kea Hara", Athens

September 2009 — March 2022

Designed, implemented and assessed safe exercise practices, keeping in mind the physical and intellectual limitations of population lived at the foster home, with the aim to upgrade their overall quality of life.

Coordinated annual mixed population sport events with the aim to promote attitudes change toward disability and sport for all philosophy.

Sport Information desk Supervisor of Bowling at Special Olympics World Games Athens 2011, Athens

2010 — 2011

Responsible to welcome delegations from all over the world and distributed all kind of information related to the sport of Bowling during Special Olympics world games held in Athens.

Physical Education Teacher/Developmental PE and Aquatic classes at Municipality of Ilioupoli, Athens. Hellenic Ministry of Sports General Secretariat of Sports, Ilioupoli

2008 — 2011

Created and implemented carefully designed treatment plans and establish therapeutic goals with the scope to facilitate social integration in and through sports.

○ **Physical Education Teacher as Aquatics Instructor at Municipality Of Ilioupoli, Ilioupoli**
2008 — 2011

Served as a compassionate swimming coach to toddlers and elementary school kids

○ **Aquatics Instructor for children and young adults at Panionios G.S.S., New Smyrna, Attica**
2004 — 2006

Served as a compassionate swimming coach to toddlers and elementary school kids



EDUCATION

○ **M.Sc. Sport Tourism & Recreation, Sport Department, Democritus University of Thrace, Komotini**
November 2020 — March 2022

Acquired knowledge both at theoretical and practical level on how to designed, promote and evaluated sport and recreation activities for all aspect of sport tourists considering their individual needs

○ **INPP METHOD Instructor, The Institute For Neuro-Physiological Psychology (International Training Division), Chester, United Kingdom**
2013

Annual Course on the Theory, Diagnosis and Remediation Techniques for Neuromotor Immaturity

○ **Masters Degree, Italian University Sport and Movement (IUSM) Universita Degli Studi di Roma "Foro Italico", Rome, Odense, Cologne**
2007 — 2011

European Master in "Health and Physical Activity"-Rome

Specialization Internship-University of Southern Denmark

Children and Physical Activity-Relations to Obesity and Health

Specialization Internship-German Sport University, Cologne

Rehabilitation and Sport for the Disabled

○ **Bachelor Degree, National and Kapodistrian University of Athens Faculty of Physical Education and Sports Science, Athens**
2002 — 2006

Specialization in Adapted Physical Activity



EXTRA-CURRICULAR ACTIVITIES



COURSES

○ **VITICULTURE - OENOLOGY, Institute of Geological Sciences**
2015

○ **Open Sea Sailing License, Olympiacos Sailing Academy**
2012



INTERNSHIPS

○ **Erasmus student at University of Granada, Spain, Granada**
2004 — 2005

REFERENCES

- Skordilis Emmanouil MSc, PhD (Springfield, MA, U.S.A. from National & Kapodistrian University of Athens, Sport Department
eskord@phed.uoa.gr · 210 7276024
- Dimitra Dimaki M.Sc, President of Association of Adapted Sports & Recreation Activities "Kinitiko Ergastiri" from Association of Adapted Sports & Recreation Activities "Kinitiko Ergastiri"
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- Sabina Zakelj Pedicek Managing Director Eurocoop from Institute for European Research and Development
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