

Education

April 2015- 2022	PhD in the Faculty of Medicine School of Health Sciences, University of East Anglia. Supervisors: Dr Anne Killett (a.killett@uea.ac.uk) and Dr Simon Horton (s.horton@uea.ac.uk). Funder: University of East Anglia MPhil/PhD Studentship PhD Title: “Music and autobiographical memory: how an analysis of Desert Island Discs may help conceptualise personalised music interventions for people living with dementia”
September 2008- June 2011	M.Sc. in the Brain and Mind sciences. Interdisciplinary Graduate Programme University of Crete, National & Kapodistrian University of Athens, Foundation for Research and Technology – Hellas
January 2000- May 2006	B.Sc. in Social Work Technological Institute of Crete, Greece

Current Appointment

Research Fellow July 2021- Present	University of Nottingham, Faculty of Medicine & Health Sciences NCARE (Nottingham Centre for the Advancement of Research into Supportive, Palliative and End-of-life Care). Professor Rowan Harwood
February 2022-Present	Metropolitan College Faculty of Psychology
Lecturer	BSc (Hons) Psychology MSc Cognitive Psychology
Dissertation Supervisor	Modules: Year 1. Introduction to Cognitive & Developmental Psychology Year 2: Topics in Developmental & Cognitive Psychology Year 3. Cognitive Neuropsychology MSc Assessment and Intervention in Cognitive Neuropsychology BSc Psychology, MSc Clinical & Community Psychology

Previous and Other Appointments

Research Associate February 2021- May 2021	Analysis of national survey data for Implementation Study "The Bioinformatics Landscape in Greek Environmental -Omics" ELIXIR-GR Pilot Action Marine Hellenic Centre for Marine Research G. Kotoulas, E. Pafilis
Associate Tutor September 2016-January 2017	Research Skills for BSc (Hons) OT, PT and SLT Year 2 cohort <u>Lecturer:</u> Meghana Kamble, School of Health Sciences University of East Anglia
Research Assistant: May 2013- March 2014	Brain oscillatory activity in a Visual masking paradigm (Visual Perception and Awareness- a psychophysics study with Transcranial Alternating Current Stimulation). <u>Collaborator:</u> Dr. Ayelet Landau <u>Supervisor:</u> Prof. Melanie Wilke
Short Term Scientific Mission: (STSMs) February 2013-May 2013	Cognitive Neurology Department, University Clinic of Goettingen, Germany Spectro -temporal unfolding of temporal orienting of attention. <u>Supervisor:</u> Prof. Angel Correa Department of Experimental Psychology of the University of Granada, Spain Brain Rhythms and Visual Psychophysics
Research Assistant: January 2012- February 2013	<u>Supervisor:</u> Dr. Ayelet Landau Fries Lab, Ernst Strüngmann Institute (ESI) for neuroscience in Cooperation with Max Planck Society Frankfurt, Germany

Academic rotation

September 2010-February 2011	Neural substrates of plasticity in memory in aging. <u>Supervisor:</u> Priv.-Doz. Dr. Dr. Michael A. Rapp Charite University Medicine Berlin, Germany
December 2009- June 2010	Social Anthropology "Art in everyday life; a study on the agricultural elderly population of Crete". <u>Supervisor:</u> Assoc. Prof. George Nikolakakis PhD. University of Crete, Greece

Undergraduate Thesis

September 2005	« The family burden (Family Burden): Comparative study in families of patients with schizophrenia and bipolar disorder». <u>Supervisor:</u> Kalaitzaki Argiroula. Technological Institute of Crete
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Research Skills

- Developing Thematic Frameworks
- Moderating Focus Group
- Qualitative Interviewing
- Observations

- Survey Analysis
- Statistical analysis using SPSS
- Qualitative analysis using NVivo
- Excellent knowledge of Microsoft Windows operating systems, MacOS

Manuscripts

Melanie Handley, Danai Theodosopoulou, Nicky Taylor, Rebecca Hadley, Claire Goodman, Rowan H. Harwood, Rosemary Phillips, Alex Young & Claire Surr (2023) The use of constant observation with people with dementia in hospitals: a mixed-methods systematic review, *Aging & Mental Health*, 27:12, 2305-2318, DOI: [10.1080/13607863.2023.2219632](https://doi.org/10.1080/13607863.2023.2219632)

Handley, M., Theodosopoulou, D., Taylor, N., Hadley, R., Goodman, C., Harwood, R.H., Phillips, R. and Surr, C. (2023), The use of constant observation for people with dementia in hospitals: a systematic review. *Alzheimer's Dement.*, 19: e075570. <https://doi.org/10.1002/alz.075570>

Conference Paper Presentations

Symposium

July 2023 Symposium: The CONNECT study: Co-designing and implementing an intervention to promote person-centered Constant Observation for people living with dementia admitted to hospitals. British Society of Gerontology 52nd Annual Conference

Oral presentations

- Melanie Handley, **Danai Theodosopoulou**, Nicky Taylor, Rebecca Hadley Rowan Harwood, Claire Surr, Rosemary, Claire Goodman (October 2023) Feasibility testing of a co-designed intervention focused on an existing model of care to prioritise person-centred dementia care in hospital settings, 33rd Alzheimer Europe Conference, Helsinki, Finland
- Priniotaki L. & **Theodosopoulou D.**, (September 2022) Implementation of Personalised Music Intervention within the NAMASTE Programme framework. NAMASTE Care International Annual Conference
- **Theodosopoulou D.**, Dr Handley M., Dr Taylor Nicky, Professor Harwood R., Professor Surr C., Mrs Phillips R., Professor Goodman C (July 2022) “CONNECT Supporting person-centred care for people with dementia in hospital settings, mapping the practices and processes of constant observations for people with dementia in three hospitals across England.” British Society of Gerontology 51st Annual Conference
- **Theodosopoulou D.**, Killett A., Horton S. (November 2021) “Memories are made of this: Developing evidence for the conceptual base for the use of personalised music in dementia care.” 31st Alzheimer Europe Conference
- TheodosopoulouD., Killett A., Horton S. (July 2021) “Memories are made of this: use of personalised music to help preserve sense of self and social connectedness” British Society of Gerontology 50th Annual Conference
- Priniotaki E., **Theodosopoulou D.** (Oct.2010) Namaste care programme. 2nd Cretan Interdisciplinary Meeting, Heraklion Association «Allileggie (Αλληλεγγύη)», Crete, Greece
- **Theodosopoulou D.**, Pleuraki N., Koufou E., Tsapakis, E.M. (Nov. 2008) Reminiscence Therapy in dementia patients 14th Cretan Medical Conference, Crete , Greece
- Androulaki K., **Theodosopoulou D.**, Maragkaki P., Priniotaki E. (Sept. 2007) Non-Pharmaceutical treatment for Alzheimer’s disease Workshop of Alzheimer’s and related disorders, Heraklion Association «Allileggie (Αλληλεγγύη)», Crete, Greece
- **Theodosopoulou D.**, Pleuraki N., Mpouka E., Adrakta Th., Tsapakis, E.M. (Oct. 2007) Reminiscence Therapy in dementia patients 5th Pan- Hellenic Interdisciplinary conference of Alzheimer’s and related disorders. Thessalonica, Greece

- **Theodosopoulou D.**, Pattakou B., Pleuraki N., Mpouka E., Adrakta Th., Tsapakis, E.M., Papadaki R. (2006) Rehabilitation Groups with psychiatric patients 13th Cretan Medical Conference, Crete, Greece
- **Theodosopoulou D.**, Pleuraki N., Mpouka E., Tsapakis E.M., Adrakta Th., Pattakou B. (2006) Rehabilitation Groups in private clinics Pan-Hellenic Conference, Psychiatric Reformation in Europe and Greece, Alexandroupoli, Greece.

Poster Presentations

- Melanie Handley, **Danai Theodosopoulou**, Nicky Taylor, Rebecca Hadley, Claire Goodman, Rowan H. Harwood, Rosemary Phillips, Alex Young & Claire Surr (July 2023) Constant observation with people with dementia in hospitals: a mixed-methods systematic review, Alzheimer's Association International Conference, Amsterdam Netherlands
- **Theodosopoulou D.**, Horton S., Killett A. (March 2017) Exploring the development of a music-sound linked autobiographical memory intervention, with patients with dementia. HSC Research Festival, University of East Anglia, Norwich, UK.
- **Theodosopoulou D.**, Horton S., Killett A. (May 2016) Exploring the development and implementation of a music-sound linked autobiographical memory intervention, with patients with dementia. A phenomenological approach. 15th Qualitative Methods Conference Glasgow, UK.
- **Theodosopoulou D.**, Horton S., Killett A. (March 2016) Music-sound linked autobiographical memory: Exploring the development and implementation of an intervention for patients with dementia. 7th FMH Postgraduate Research Student Conference Norwich, UK.
- **Theodosopoulou D.**, Peryer G., Edwards H, Horton S. Killett A. (Octob. 2015) Effects of Music-linked autobiographical memories, on emotio. A study with patients diagnosed with dementia. 4th ICME Geneva, Switzerland.
- **Theodosopoulou D.**, Capizzi M., Sanabria D., & Correa A. (Febr. 2013) Spectro-temporal unfolding of temporal orienting of attention TIMELY Training School "Timing and Time Perception: Procedures, Measures, & Applications", Corfu, Greece.
- **Theodosopoulou D.**, Pleuraki N., Koufou E., Tsapakis E.M. (Febr. 2009) Reminiscence Therapy in dementia patients 6th Pan- Hellenic Interdisciplinary conference of Alzheimer and related disorders. Thessalonica, Greece.
- **Theodosopoulou D.**, Pleyraki N., Tsapakis E.M. (2007) The Effects of Reminiscence Therapy in Dementia Patients with Depressive Symptoms 4th International Symposium on Alzheimer's disease and Related Disorders in the Middle East, Athens, Greece.
- Pattakou B., Adrakta Th., **Theodosopoulou D.**, Tsapakis E.M. (2006) Non- pharmaceutical treatment on dementia patients; observation and extension in private clinics World Association for psychological Rehabilitation. Athens, Greece.

Work Experience

September 2006 - September 2009: Social worker in the social service department in Private Clinic "Agios Charalampos", Heraklion, Crete

January 2006 – May 2009: Volunteer Social worker in the Greek Association for Alzheimer's and relative disorders, Heraklion Crete

May 2005 – September 2006: Volunteer Social worker in the Private Clinic "Agios Charalampos", Heraklion, Crete

October 2004- May 2005: Volunteer Social worker in the social service department of the Psychiatric clinic of the University Hospital of Crete

April 2004 – October 2004: Fieldwork in the social service department of the Psychiatric clinic of the University Hospital of Crete

Trainings / Workshops / Training Schools / Advanced Seminars

2022 December: Scoping Review Workshop. JBI, Nottingham England

2019-2020: Advanced Seminar in Phenomenological Philosophy in psychology research (online sessions). Dr Marc Applebaum

2019 June: Alzheimer's Disease Research Methodology Summer School: From Cell to Populations, Edinburgh Dementia Prevention, The University of Edinburgh

2015 June: Qualitative Interviewing in Health Research: from design to publication workshop. Institute of Health & Society, Newcastle University UK.

2015 June: Anglia Ruskin Nursing Research Unit (ARNRU)- Workshop- Applying for research ethics approval in the NHS. Cambridge UK.

2013 September: Training School on "Imaging Time" Organization: TIMELY, in cooperation with the Otto-von-Guericke-University Magdeburg, Faculty of Natural Sciences and the Center for behavioral and brain sciences, Magdeburg. Germany.

2013 February: Training School on "Timing and Time Perception: Procedures, Measures, & Applications" Organization: TIMELY, Corfu, Greece.

2006 March & 2005: November: Reminiscence Training and the Creative arts in Dementia care. Institution: The Reminiscence Center, London UK.

2005 December: Training in dementia care. Institution: Greek Association for Alzheimer's and related disorders Thessalonica

Organizer for Workshops

2014 FieldTip Workshop, Georg-Elias-Müller-Institut für Psychologie, Göttingen (Co- organizer with Schmidt C.). Course Instructors: Lam N., Magyari L.

Volunteer Experience

May 2021 - Present

Volunteer in Playlist for Life: Local Networker volunteer

May 2017 - Feb 2019

Volunteer in Age UK Norwich

Scholarships

2015: Scholarship: University of East Anglia MPhil/PhD Studentship

2011: Scholarship Socrates-Erasmus by European Commission. Charite University Medicine Berlin, Germany

Translation

«The Magic Tape Recorder», Joyce Simard, Greek edition: Heraklion Association «Allileggie (Αλληλεγγύη)», 2011