414 Military Hospital of Rare Diseases  **Phone:** 00306956030849 Department of PRM 00302108106657 6 Taxiarchou Veliou, Palaia Penteli 15236  **mail:** eleni.nakka@gmail.com

**Eleni Moumtzi**

Education & Qualifications

Aristotle University Medical School 1996-2002 (expected)

401 General Army Hospital 2009-2011 (first part of residence: six months of internal

medicine, six months of orthopaedics and six months of

neurology)

401 General Army Hospital six months voluntary residence on rheumatology outpatients.

Asklepieion General Hospital 2012-2015 (second part of physical and rehabilitation medicine

residence)

During my residency I have followed several seminars and workshops:

2012 “Infusion Techniques: basic principles and practice” by EFIAP

“XV Congress on medical acupuncture” by ICMART

“18th European Congress of PRM” by EBPRM

“Seminar on cerebrovascular accident rehabilitation” by

National Rehabilitation Center

2013 “Pain management seminars” by Greek chapters of IASP and

EFIC

“Seminar on pain and interdisciplinary perspectives” by

HSPRM

“Auricular acupuncture seminars” by ITME/GSATN

“Seminar on Geriatrics and nutritional problems for the

elderly” by HSPRM and IAGG

“13th Greek congress on PRM : w/s on pelvic floor exercises

and on osteoporosis” by HSPRM

“Chronic wound care seminar” by Greek Naval Hospital

2014 ”Seminars on bowel and bladder neurogenic disorders” by

HSPRM

“Seminar on Traumatic Brain Injury Rehabilitation” by

National Rehabilitation Center

“Cardiac- Respiratory rehabilitation” by HSPRM

“Prolotherapy workshop (LE)” by HSPRM and SIPRO

“Euromediterranean PRM school” by EBPRM

“Spinal cord injury rehabilitation“ by HSPRM

2015 “Prolotherapy workshop (Upper and Lower extremities)”

by HSPRM and SIPRO

“9th World PRM Congress: w/s on injection techniques and

on spasticity management” by ISPRM

Observervership for one month at 4 different

rehabilitation centers in Innsbruck, Austria

2016 “1st neuroourology conference”

2017 “Prolotherapy Workshop on Spinal Injections” by SIPRO

2018 Postgraduate education “Μanagement of Αging and

Chronic Diseases” at Hellenic Open University

Work Experience

2002-2009 As a general doctor on army camps, following military seminars on drug abuse

in the army and on biologic war

2011-2012 Voluntary work on demand basis at Aretaieion General Hospital/Pain

department - acupuncture therapy

2014-2015 Observership on outpatient clinic with Mr. Konstantinidis Charalampos

mainly on urinary system dysfunction

Six month apprenticeship on electromyography and nerve conduction studies

Six month apprenticeship on podobarometry analysis and insoles’construction

2015-2017 Αs a camp doctor for the Hellenic Army Aviation

2017 - present Director of Physiacal Medicine and Rehabilitation Department of 414 Military

Hospital of Rare Diseases

Interests & Achievements

Being a happy mother of three wonderful boys many of my interests “stepped” aside.

However, I serve as athletes’ doctor for the local swimming team voluntarily,

I have concluded a research on auricular acupuncture’s effect on spasticity of patients with cerebrovascular accidents (this will serve as graduation paper for GSATN school) and I am currently running a research on how surgical therapy for popliteal artery entrapment syndrome affects kinematics.

I believe in creating a social support team that will provide people in need (disabled, aged, isolated) with help in times of crisis, like the natural destructive phenomena due to climate change, like pandemics etc.

Skills

English : fluently (Proficiency Certificate )

French: fluently (B2 level)

Computers: good knowledge of Word, Power point programmes.

Presentations

2011 “Yearly Symposium on Ankle & Foot Surgery” organized by EEXOT

(part of the team reporting on Open Osteotomy of 1st Metatarsal to Correct Halux Valgus)

“COA Congress and APAS Annual meeting “

(co-author on Semiarthroplasty along with Internal Fixation of the Trochanters as an

Alternative Technique for the Elderly)

2015 “9th World Congress of the ISPRM” (e-poster presentation on:

- Stance and Gait Changes after Medial Head of Gastrocnemius Bisection in Patients

Suffering from Popliteal Artery Entrapment Syndrome ,project protocol

- Intrathecal Baclofen for Spasticity :Effects on Bladder Function

- A Case Report on Weaver Syndrome)

“ 1st Conference of Ιnterdisciplinary PRM Military Department :Ιnterdisciplinary

Management of ow back pain/ latest data”: presentation on causes and pathophysiology

2016

2017 “2nd Panhellenic Conference of SCI deprtment of EEFIAp: Special issues in diagnosing and

dealing with autonomic dysreflexia

“2nd neuroourology conference: dealing with SCI, what about autonomic dysreflexia?”

2019 “4th neuroourology conference: how a physiatrist can help with incontinence of MS”

2020 “Seminars of SCI department of Gennimatas Hospital: The importance on long term followup

on urinary - intestinal problems”